Simple Quiet Day prayers – November 2021

To begin the day: O God our creator,

Your kindness has brought us the gift of a new day;
Help us to leave yesterday
And not covet tomorrow
But to accept the uniqueness of today
Amen

Lord give us now
Eyes to see the invisible
Ears to hear your call
Hands to do your work
And hearts to respond to your love.

A Modern Psalm at Noon:

Many and great, O lord, are your works,
Maker of earth and sky:
your hands have set the heavens with stars;
your fingers spread the mountains and plains.
Your merely spoke and waters were formed;
Deep seas obey your voice.

Grant us communion with you, our God though you transcend the stars.

Come close to us and stay by our side: with you are found the true gifts that last.

Bless us with life which shall never end, eternal life with you.

A Blessing to end the day: Lord God,

Be you a bright flame before us
Be you a smooth path below us
Be you a guiding star above us
Be you a watchful eye behind us
This day, this night and for evermore. Amen

All taken from Ammerdown Matins