

SERVICE OF COMMUNION

God, today our hands have touched
what you created in love and holiness.
Strengthen them that they may daily bring forth fruit to your glory.

God, today our lips have spoken your praise
and our voices rejoiced in your sanctuary.
May the words of our mouths and the songs of our hearts glorify you forever.

God, today we have relaxed together
in the presence of your loving faithfulness.
Walk with us into the blessed hope of your eternal community of rest and abundance.

May we ever be restored and journey with you
into the newness of life.

**God bless and keep us
Let our actions serve you
Let our togetherness represent you
Let our prayers be incense before you.**

Adapted from Wee Worship Book by Wild Goose Worship Group



God, you promise us a burden that is light
and a load that is easy,
You anoint us to study your word
and meditate on your ways,
**May we never be too busy to listen,
May we never be too tired to pray**
God you invite us to community,
and also to solitude,
You call us to work and also to rest.
**May we see this day as an opportunity,
To see you, to know you, to represent you.**

Silence

For the busyness that has distracted us,
Father, forgive us
For the anxieties that have burdened us,
Jesus, release us
For the self-centredness that has isolated us
Spirit, restore us
Holy Three, pour your grace on us,
**Help us to trust you ever more deeply
and to know your presence and peace.**

Silence

Lord, you fill us with the wonder of your love
Lord Jesus, you are with us in this place
We come to you busy and you slow us down
Lord Jesus, you are with us in this place
We come to you weary and you refresh us
Lord Jesus, you are with us in this place
We come to you empty and you renew us with your life
Lord Jesus, you are with us in this place

Silence

GOSPEL READING

REFLECTION

THE INVITATION

This is the table, not of the Church, but of the Lord. It is made ready for those who love him and who want to love him more.

So, come -

You who have much faith and you who have little;

You who have been here often

and you who have not been for a long time;

You who have tried to follow and you who have failed.

Come. Not because it is I who invite you: it is the Lord.

It is his will that those who want him should meet him here

PRAYERS OF CONCERN

THE STORY

Now let us hear the story of how this sacrament began:

On the night of his arrest, Jesus took bread and, having blessed it, he broke the bread and gave it to his disciples, saying, 'This is my body given for you.'

In the same way, he took wine and, having given thanks for it, he poured it out and gave the cup to his disciples, saying, 'This cup is the new relationship with God, sealed with my blood. Take this and share it.'

So now, following Jesus example and command, we take this bread and wine, ordinary things of the world that Christ will make special. As he said a prayer before sharing, let us do so too.

PRAYERS OF THANKSGIVING

Let us express our gratitude to God for what is important to us at this time, whether ordinary or special:

... Thank you, God

Thank you, God

Glory to you Lord almighty!

For the work of our hands and our times of rest

For our times together and our times of solitude

For our study of your word and our prayers

Glory and praise to Jesus for the sacrament of his life!

Let us give our work to him and bear kingdom fruit

Let us give our rest to him and bring forth peace

Let us give our unity to him and build community

Glory and praise to the Spirit who fills all things!

May we be filled with the solitude that builds inner strength

May we pray with the wisdom that deepens intimacy with you

May we act with the love that represents you

Glory and praise to God!

PRAYER OF CONSECRATION

Jesus, for us you were born, for us you healed, preached, taught and showed the way to heaven; for us you were crucified and for us, after death, you rose again.

So, as we do in this place what you did in an upstairs room, send down your Holy Spirit on us and on these gifts of bread and wine, that they may become for us your body: healing, forgiving, and making us whole.

Among friends, gathered around a table, Jesus took bread, broke it and said, 'This is my body, it is broken for you.'

And later he took the cup saying, 'This is the new relationship with God made possible because of my death. Take this – all of you – to remember me.'

Here is your Lord coming to you in symbols of bread and wine.

These are the gifts of God for the people of God.

SHARING OF BREAD AND WINE